

# Emily Dorko

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## EDUCATION

Bachelor's of Science, Dietetics (Coordinated Program)

May 2020

University of Cincinnati

Cincinnati, OH

- Leadership: Treasurer of University of Cincinnati's Student Dietetic Association
- Awards and Honors: Dean's List, 2 semesters

May 2018-May 2019

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## LISCENSURE

**Registered Dietitian**

Expires 2026

Commission on Dietetic Registration, Ohio, Licensure number: 86106706

## CERTIFICATION

**Servsafe, Manager**

January 2018- present

American National Standards Institute, Certificate number: 16031550

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## PROFESSIONAL EXPERIENCE

**Dietitian** (City of Cincinnati Health Department, WIC):

October 2020-present

- Conducting nutrition assessments. Using assessments to provide empathetic counseling and education in areas of prenatal, postnatal (including breastfeeding), infant, and child nutrition. Complete follow-up visits for high-risk individuals.
- Provide referrals as needed. Maintain accurate, consistent, and timely charting via both paper and EMR system.
- Answer office phone calls, text messages, schedule clients, conduct outreach improving caseload, and initiate quality improvement measures within organization.
- Integrating new nutrition education and counseling skills into day-to-day work with clients (ethics in healthcare and motivation interviewing).

**Dietetic Intern**

September 2019-April 2020

- **Acute Clinical Rotation** (Mercy West Hospital, Fairfield, 366 hours): Attended ICU rounds with interdisciplinary team, formulated and presented a nutrition segment to cardiac rehabilitation participants, provided numerous low-sodium and diabetes education sessions to patients.
  - **Food Service Management** (Dayton Children's Hospital, 200 hours): Planned, marketed, and implemented theme meal for cafeteria, created and presented cooking classes, created educational tutorial on diabetes and carbohydrate counting for food service staff.
  - **Specialty, NICU** (University of Cincinnati Medical Center, 224 hours): Formulated and executed nutrition plan for patients, participated in interdisciplinary medical rounds to vouch for patient's nutrition status, participated in meetings with formula company representatives, and completed data collection for quality improvement.
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## VOLUNTEER EXPERIENCE

*Study Abroad Service-Learning Trip*

May 2019

- Traveled to Costa Rica with University of Cincinnati's College of Allied Health Sciences to immerse self into new culture and underdeveloped community while conducting health promotion strategies within community.
- Specifically planned and conducted health-promoting activities and education in Spanish for the elderly population of the community.

*Cincy Fit Foodie*

Cincinnati, OH

**Intern**

June 2019- Present

- Developed nutrition blog posts and handouts for private and corporate Cincinnati-based Dietitian.
- Marketed brand by attending events, posting on social media, and word of mouth.

## SKILLS

**Computer:** CBORD, EMR, Excel, PowerPoint, Word, Microsoft Teams, zoom, One Drive, Social Media (Instagram, Twitter, Facebook, LinkedIn, Pinterest)